

Basic First Aid Course

Meditrain Basic First Aid course is an ideal first aid course for anyone wanting basic first aid knowledge. This is a practical based course which gives students a way of using the techniques shown throughout the day to help gain the confidence required to be able to use the various first aid techniques successfully if needed.

♥ Course Subjects

CPR Aspect

- | | |
|---------------------|---------------------------------|
| 1. Barriers | 4. Choking - adult/child/infant |
| 2. Bleeding Control | 5. CPR - adult/child/infant |
| 3. Burns | 6. Shock |

Basic First Aid Aspects

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|-----------------------|------------------------|------------------------|
| 1. Activating Help | 5. Cardiac arrest | 9. OSH regulations |
| 2. Angina | 6. Electrical injuries | 10. Primary assessment |
| 3. Allergic reactions | 7. Heart Health | 11. Wound |
| 4. Bandaging | 8. Illness assessment | |

Course Duration

6 hrs class time + a self directed learning assessment.

Student Learning Pack & Self Directed Learning

To meet NZQA requirements all our first aid courses (except CPR) include a pre-requisite self directed learning assessment as well as a student learning pack for those completing the Full / Basic first Aid courses. This is to ensure all standards are met whilst delivering our courses in acceptable time frames.

Course Materials Supplies

Basic First Aid Manual, Home Emergency Plan, Wall Certificate and Wallet Card.

NZQA Unit Standards

- 6401 - Provide first aid Level 2, 1 Credit)
6402 - Provide resuscitation level 2 (Level 1, 1 Credit)

Course Fee

Basic Course: \$160 Inc GST

